

# 令和8年度 高体連第4支部夏季競技会

競技日程

8月14日(金)

| トラック  |    |         |        |    |       |       | フィールド        |       |        |      |   |       |       |       |  |  |  |  |  |
|-------|----|---------|--------|----|-------|-------|--------------|-------|--------|------|---|-------|-------|-------|--|--|--|--|--|
| 時間    | 男女 | 種目      | 数      | 組  | 招集    |       | オーダー<br>締め切り | 時間    | 男女     | 種目   | 数 | 組     | 招集    |       |  |  |  |  |  |
|       |    |         |        |    | 開始    | 終了    |              |       |        |      |   |       | 開始    | 終了    |  |  |  |  |  |
| 9:00  | 女  | 100mYH  | 4      | 1  | 8:30  | 8:40  |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 9:05  | 女  | 100mH   | 7      | 1  | 8:35  | 8:45  |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 9:10  | 男  | 110mJH  | 8      | 1  | 8:40  | 8:50  |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 9:15  | 男  | 110mH   | 2      | 1  | 8:45  | 8:55  |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 9:25  | 女  | 1500m   | 35     | 2  | 8:55  | 9:05  |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 9:40  | 男  | 1500m   | 91     | 5  |       |       |              |       |        |      |   |       |       |       |  |  |  |  |  |
|       |    |         | 1-3組   |    | 9:10  | 9:20  |              |       |        |      |   |       |       |       |  |  |  |  |  |
|       |    |         | 4-5組   |    | 9:20  | 9:30  |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 10:15 | 女  | 300m    | 4      | 1  | 9:45  | 9:55  |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 10:20 | 男  | 300m    | 15     | 2  | 9:50  | 10:00 |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 10:30 | 男  | 300mH   | 8      | 1  | 10:00 | 10:10 |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 10:35 | 女  | 300mH   | 6      | 1  | 10:05 | 10:15 |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 10:45 | 女  | 400mH   | 3      | 1  | 10:15 | 10:25 |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 10:50 | 男  | 400mH   | 4      | 1  | 10:20 | 10:30 |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 11:05 | 女  | 4×100mR | 17     | 3  | 10:35 | 10:45 | 9:45         |       |        |      |   |       |       |       |  |  |  |  |  |
| 11:15 | 男  | 4×100mR | 33     | 5  | 10:45 | 10:55 | 9:55         |       |        |      |   |       |       |       |  |  |  |  |  |
| 11:25 | 女  | 800m    | 46     | 6  | 10:55 | 11:05 |              | 11:30 | 男      | 走高跳  | 7 | 1     | 10:50 | 11:00 |  |  |  |  |  |
| 11:50 | 男  | 800m    | 50     | 7  |       |       |              |       |        |      |   |       |       |       |  |  |  |  |  |
|       |    |         | 1-4組   |    | 11:20 | 11:30 |              |       |        |      |   |       |       |       |  |  |  |  |  |
|       |    |         | 5-7組   |    | 11:30 | 11:40 |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 12:10 | 女  | 400m    | 11     | 2  | 11:40 | 11:50 |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 12:15 | 男  | 400m    | 45     | 6  | 11:45 | 11:55 |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 調整時間  |    |         |        |    |       |       |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 13:10 | 女  | 100m    | 149    | 19 |       |       |              |       |        |      |   |       |       |       |  |  |  |  |  |
|       |    |         | 1-6組   |    | 12:40 | 12:50 |              |       |        |      |   |       |       |       |  |  |  |  |  |
|       |    |         | 7-12組  |    | 12:50 | 13:00 |              |       |        |      |   |       |       |       |  |  |  |  |  |
|       |    |         | 13-19組 |    | 13:00 | 13:10 |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 13:50 | 男  | 100m    | 331    | 42 |       |       | 14:00        | 男女    | 砲丸投(高) | 11・6 | 1 | 13:20 | 13:30 |       |  |  |  |  |  |
|       |    |         | 1-10組  |    | 13:20 | 13:30 | 14:00        | 男女    | 砲丸投(中) | 3・4  | 1 | 13:20 | 13:30 |       |  |  |  |  |  |
|       |    |         | 11-20組 |    | 13:30 | 13:40 |              |       |        |      |   |       |       |       |  |  |  |  |  |
|       |    |         | 21-31組 |    | 13:40 | 13:50 |              |       |        |      |   |       |       |       |  |  |  |  |  |
|       |    |         | 32-42組 |    | 13:50 | 14:00 |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 15:15 | 女  | 200m    | 48     | 6  | 14:45 | 14:55 |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 15:30 | 男  | 200m    | 81     | 11 |       |       |              |       |        |      |   |       |       |       |  |  |  |  |  |
|       |    |         | 1-6組   |    | 15:00 | 15:10 |              |       |        |      |   |       |       |       |  |  |  |  |  |
|       |    |         | 7-11組  |    | 15:10 | 15:20 |              |       |        |      |   |       |       |       |  |  |  |  |  |
| 16:00 | 女  | 4×400mR | 4      | 1  | 15:30 | 15:40 | 14:40        |       |        |      |   |       |       |       |  |  |  |  |  |
| 16:05 | 男  | 4×400mR | 10     | 2  | 15:35 | 15:45 | 14:45        |       |        |      |   |       |       |       |  |  |  |  |  |